



Integrated Supports: Employment

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for employment.



Relationships

- Job shadow family member
- Spend day with friend at their college or trade school
 - Ask family friends, teachers what kind of job they think you would be good at
- Start carpool or ride co-op
- Ask neighbors, friends or family about doing odd jobs for them
- Ask same age peers about their summer or part time jobs
- Ask friends and family about jobs or education plans after high school

My Employment Goal

- Visit businesses to learn about jobs
- Visit colleges or technical schools
- Attend career day or job fair at school or in community
- Talk to school counselor about your job interests
- Go to bank and open a student or joint bank account
- Explore local transportation options
- Learn to use public transportation
- Participate in community theater, after school clubs, sports, scouts, boys/girls clubs

Community Based

- Vocational Rehabilitation or Independent Living Center for job exploration or assistance
 - Area Career Center for job interest and skill assessment
 - IEP or Transition plan to learn skills and work experience
 - IEP to develop a Circle of Friends
- Agencies or providers who offer social skills classes
 - Special Olympics or Challenger sports programs
 - Disability specific social groups
 - DDD system personal care supports
 - Job coaching

Eligibility Specific

Access the LifeCourse framework and tools at lifecoursetools.com