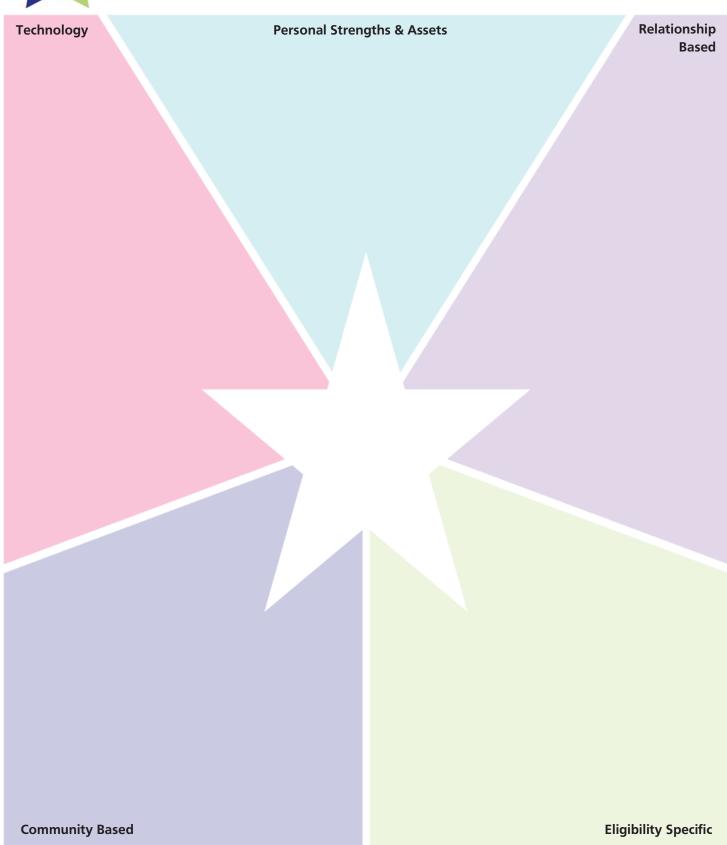
Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.



Access the LifeCourse framework and tools at lifecoursetools.com



My LifeCourse School Portfolio

's ONE-PAGE PROFILE

What people like & admire about me

What's Important to ME

How to Best Support ME

Journey through School **VISION for a GOOD LIFE Past Life Experiences Action Steps to the Future** LIST what you want your "good life" to look like ... LIST current/future life experiences that LIST past life experiences and events that supported your vision for a good life. continue supporting your good life vision. Write current age, grade, or school year LIST life experiences to avoid because they LIST past life experiences that pushed the here arrow toward things you don't want. push you toward things you don't want. What I DON'T Want LIST the things you don't want in your life... ••••••••