



SIGNATURES

_____	_____	_____	_____
<i>Person served</i>	<i>Date</i>	<i>Provider Staff</i>	<i>Date</i>
_____	_____	_____	_____
<i>Parent/Guardian</i>	<i>Date</i>	<i>Additional Supporter</i>	<i>Date</i>



_____ 's **ONE-PAGE PROFILE**

What people like & admire about me (My contributions and talents)


What's Important to ME
(My conditions, preferences, values)

How to Best Support ME
(Strategies for working together)

Life Trajectory Worksheet

Past Life Experiences
Review last year's goals

Review what didn't work last year



Write current age here

Action Steps to the Future
List goals for the upcoming year

List risks and obstacles that might push your trajectory toward what you don't want

VISION for a GOOD LIFE
LIST what you want your "good life" to look like ...

What I DON'T Want
LIST the things you don't want in your life...

