



## Integrated Supports: Safety & Security

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This star will help families and individuals think about how to work in partnership to support their vision for a good life.

### Technology

- Automatic bill pay/direct deposit
- Limited/joint bank account
- Personal safety devices
- Remote monitoring
- Ipad/smart phone apps

### Personal Strengths & Assets

- Knows address, phone numbers, other contacts
  - Knows how to appropriately use 911
- Family/person has an emergency/disaster plan
  - Able to lock/unlock door (with key or code)
- Reciprocal knowledge with First Responders
- Family/person engaged in financial planning
- Carries identification or specific information in wallet or on person
- Has and knows how to use a debit card
  - Home is modified for safety
  - Home security/alarm system

### Relationships

- Parents, siblings, grandparents, other family members
- Friends
- Neighbors
- Familiar staff/workers at local stores, restaurants, etc.



- Powers of Attorney
- Neighborhood watch
- Local Police Department
- Online banking
- Living Trust
- LifeLock (identity theft protection)
- Neighborhood Watch

### Community Based

- Full guardianship
- 24 hour supervision
- Limited guardianship
- Special Needs Trust

### Eligibility Specific

Access the LifeCourse framework and tools at [lifecoursetools.com](http://lifecoursetools.com)